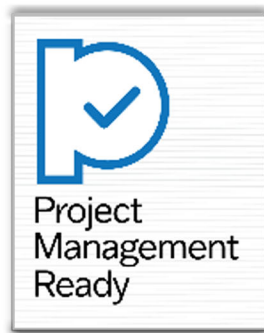


PMR Project Management Ready

9 Week Course



Chapter / Topic / Activity	Session / Time to complete
Chapter 1: Recognize Core Terminology	
Chapter 1: Pre-assessment	Session 1 = 90 min
Topic 1.1: Project Management	
Topic 1.1 Quiz	
Topic 1.2: Understanding Project Lifecycles and Phases	Session 2 = 90 min
Case Study 1.2: Mobile Car Washing	
Topic 1.2 Quiz	
Topic 1.3: Project Management Tools	Session 3 = 90 min
Topic 1.3: Quiz	
Topic 1.4: Project Management Tools (ii)	
Topic 1.4 Quiz	
Topic 1.5: Project Baselines	Session 4 = 90 min
Case Study 1.5: Satellite Project	
Topic 1.5 Quiz	
Topic 1.6: Project Management Code of Ethics	Session 5 = 60 min
Case Study 1.6: Senior Citizen Facility	
Topic 1.6 Quiz	
Topic 1.7: Organizational Environments	Session 6 = 90 min
Topic 1.7 Quiz	
Chapter 1: Vocabulary	
Chapter 1 Project	Session 7 = 45 min
Chapter 1: Post-assessment	
Estimate Time to Complete Chapter	7 Sessions/ 540 min = 9 hours
Chapter 2: Plan-Based Methodologies	
Chapter 2: Pre-assessment	Session 1 = 120 min
Topic 2.1: Traditional Project Management	
Case Study 2.1: Lemon City Public Works Department (i)	
Topic 2.1 Quiz	
Topic 2.2: Planning your Project SchedulePage	Session 2 = 90 min
Case Study 2.2: Lemon City Public Works Department (ii)	
Topic 2.2 Quiz	
Topic 2.3: The Work Breakdown Structure Page	Session 3 = 120 min
Case Study 2.3: Continuation of Satellite App	
Topic 2.3 Quiz	
Chapter 2: Vocabulary	
Chapter 2 Project	Session 4 = 45 min
Chapter 2: Post-assessment	
Estimate Time to Complete Chapter	4 Sessions/ 375 min = 6.25 hours
Chapter 3: Agile Frameworks	
Chapter 3: Pre-assessment	Session 1 = 120 min
Topic 3.1: The Agile Methodology Page	
Case Study 3.1: Shoeco (i)	
Topic 3.1 Quiz	
Topic 3.2: Agile Frameworks: Scrum Page	Session 2 = 160 min
Topic 3.2 Quiz	
Topic 3.4: Scaled Agile Framework for Lean enterprises - SAFe Page	
Case Study 3.4: Shoeco (ii)	
Topic 3.4 Quiz	
Chapter 3: Vocabulary HSP	
Chapter 3 Project	Session 3 = 45 min
Chapter 3: Post-assessment	
Estimate Time to Complete Chapter	3 Sessions/ 325 min = 5.42 hours
Chapter 4: Business Analysis Frameworks	
Chapter 4: Pre-assessment	Session 1 = 60 min
Topic 4.1: The Communications Plan Page	
Topic 4.1 Quiz	
Topic 4.2: Requirements Gathering Page	Session 2 = 120 min
Topic 4.2 Quiz	
Topic 4.3: The Requirements Traceability Matrix Page	
Case Study 4.3: Coasterific (i)	
Topic 4.3 Quiz	
Topic 4.4: Project Roadmaps Page	Session 3 = 120 min
Case Study 4.4: Coasterific (ii)	
Topic 4.4 Quiz	
Chapter 4: Vocabulary	
Chapter 4 Project	Session 4 = 45 min
Chapter 4: Post-assessment	
Estimate Time to Complete Chapter	4 Sessions/ 345 min = 5.75
Estimated Time to Complete Course	18 Sessions / 1585 min = 26.4 hours